



# What Is Stress

## 2 Timothy 2

22 Flee the evil desires of youth and pursue righteousness, faith, love and peace, along with those who call on the Lord out of a pure heart. 23 Don't have anything to do with foolish and stupid arguments, because you know they produce quarrels. 24 And the Lord's servant must not be quarrelsome but must be kind to everyone, able to teach, not resentful. 25 Opponents must be gently instructed, in the hope that God will grant them repentance leading them to a knowledge of the truth, 26 and that they will come to their senses and escape from the trap of the devil, who has taken them captive to do his will

# Psalms 46

10He says, “Be still, and know that I am God;  
I will be exalted among the nations,  
I will be exalted in the earth.”

# Deuteronomy 33

27 The eternal God is your refuge,  
and underneath are the everlasting arms.  
He will drive out your enemies before you,  
saying, 'Destroy them!'

# Psalms 34

19The righteous person may have many troubles,  
but the Lord delivers him from them all;  
20he protects all his bones,  
not one of them will be broken.

# Faith Based Statistics

- 32 percent of believers say they seldom or never pray.
- Millennials say they trust social media: Tik Tok, You Tube, Facebook, Twitter more than the Word of God.
- Since the pandemic, the percentage of believers has dropped an additional 12 percent, when typically, this is the time of the world that it increases.
- Why? They say no one is telling them otherwise (that's us).

# 3 Reasons People Do Not Follow the Bible

- 1) There are no consequences for their actions
- 2) They believe that God is not good enough
- 3) **They believe you can be with a snake and not be bitten**

# Psalms 147

5Great is our Lord and mighty in power;  
his understanding has no limit.

6The Lord sustains the humble  
but casts the wicked to the ground.



# Weekly Devotional

## Romans 13

1 Let everyone be subject to the governing authorities, for there is no authority except that which God has established. The authorities that exist have been established by God. 2 Consequently, whoever rebels against the authority is rebelling against what God has instituted, and those who do so will bring judgment on themselves.